

1. START WITH A JERSEY THAT YOU LIKE THE WAY IT FITS YOU NOW.
2. LAY THE JERSEY FLAT ON THE FLOOR OR PLACE ON A TABLE ...LIKE YOU ARE GOING TO IRON IT, FROM SIDE TO SIDE.
3. DO NOT PAY ATTENTION TO SIZE LABEL IN THAT JERSEY.
4. WITH A MEASURE TOOL, COLLECT THE NUMBERS FOR ..A..B..C..AND NOTE THAT.
5. COMPARE THAT DATA TO THE CHARTS AND SELECT THE SIZE.
6. PLEASE GO TO THE NEXT LARGEST SIZE UP, IF YOUR NOT SURE

NOTE:

ALL MEASUREMENTS ARE TAKEN FROM A JERSEY THAT IS FINISHED (COMPLETELY SEWN TOGETHER). JERSEY MEASUREMENTS WERE TAKEN BY LAYING A JERSEY FLAT AND TAKING THE NUMBER OF INCHES FROM SEAM TO SEAM (SIDE TO SIDE) ABOUT 6" UP FROM THE BOTTOM... NOTE * THE LARGER NUMBER IS TAKING THE DATA A AND MULTIPLYING BY 2 OTHERWISE KNOWN AS CIRCUMFERENCE.

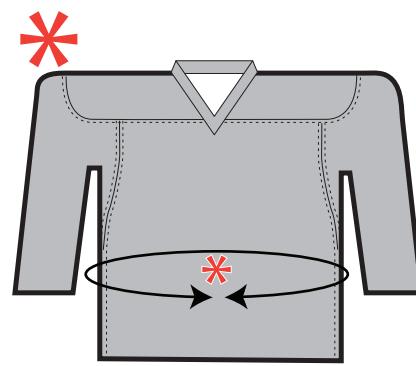
THIS CHART IS A GUIDELINE & MEASUREMENTS ARE APPROXIMATE. NUMBERS ARE IN INCHES.

ADULT SIZING

XS	SM	MD	LG	XL	XXL	XXXL	GOALIE
A 23	24	25	26	27	28	29	31
* 46	48	50	52	54	56	58	62
B 27	29	30	31	32	33	34	34
C 29	31	33	35	36	36	37	35

YOUTH SIZING

YXXS	YXS	YS	YM	YL	YXL
A 17	18	19	20	21	22
* 34	36	38	40	42	44
B 22	23	24	25	26	27
C 26	27	27	28	28	29



* TOTAL JERSEY CIRCUMFERENCE